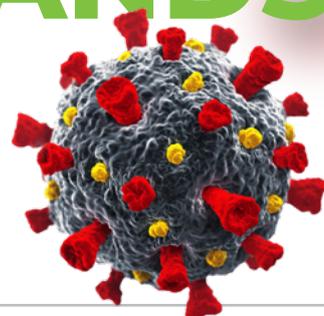


STAY SAFE PROTECT OTHERS WASH YOUR HANDS

COVID-19 is a new illness that can affect your lungs and airways. It's caused by a virus called coronavirus.



Stay at home if you have either



A high temperature – this means you feel hot to touch on your chest or back



A new, continuous cough – this means coughing a lot for more than an hour

Remember!

Use soap and water or a hand sanitiser when you:



Get home or into work



Eat or handle food



Blow your nose



Sneeze or cough

CORONAVIRUS - PROTECT YOURSELF & OTHERS

For more information and the Government's Action Plan go to [nhs.uk/coronavirus](https://www.nhs.uk/coronavirus)

www.roadskillsonline.com